

ORANGE NICE RIDE BIKE ABCs



A - Air

- How to remove AND reinstall both the Front and Rear wheels in preparation for fixing a flat tire.
- How to repair a flat tire with a patch or tube replacement.

B - Brakes

- How to readjust the brake cables and lever positions after wheel removal.
- How to maintain critical lubrication of the Nice Ride roller brakes with periodic application of the appropriate type of grease.

C - Chain

- How to readjust chain tension after rear wheel removal.
- How to clean and lubricate the chain for good performance and longevity.

s - Shift

- How to adjust shifting cable when necessary.

Learn about normal sounds and performance unique to the Orange Nice Ride bikes

- **Brake play** - hub brakes have a small amount of play when fully locked which is normal. This might be interpreted as malfunction or mistaken for a loose steering headset.
- **Hub noises** - three speed hubs will make soft clicking sounds in both high and low gear as the internal mechanism allows for higher or lower wheel rotations than the hub.



<https://www.webikerochester.com/copy-of-bicycle-safety-repair>



Tool Kit:

- Adjustable wrench (6-8in)
- Needle nose pliers
- Screw driver (Flat blade)
- Screw driver (Phillips head)



Tire Repair Kit:

- Tire levers (2)
- Self adhesive tire patches
- Replacement Tube with Schrader valve (correct size options)

700c x 33-45mm

28 x 1.1 - 1.175 inch

27 x 1 1/8 - 1 1/4 inch

28 x 1 1/2 inch

Lubrication Kit:

- Roller Brake Grease (Shimano brand ONLY)
- Chain lubrication (any brand)
- Soft towel/rag





SUNLITE Schrader Valve Bicycle Tubes, 700 x 35-43 / 48mm Valve

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28 x 1.1-1.175 inch
27 x 1 1/8 - 1 1/4 inch
28 x 1 1/2 inch

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Shimano Roller Brake Grease, 100g

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★★★★★ ▾ 39 ratings

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Critical Maintenance—Roller Brake Lubrication

A Rollerbrake should be relubricated periodically, using special brake grease -- there's a small rubber access plug on the side of the brake unit. You can just pop off the plug, put the nozzle of the grease tube up against it, and squeeze.



The life cycle of a brake goes something like this: add small amount of grease (pea size amount) in addition to factory grease when installing a new brake. After some months, the grease is washed away by rain. The brake is now dry and has poor or nonexistent modulation which locks the wheel with the slightest pressure on the lever. A normal consumer would regrease the brake immediately at this point, but our bikes [bike-share fleet bikes] can go a few weeks between being checked by staff. If it is being ridden dry for weeks, the drum and/or shoes are damaged beyond repair. Regreasing at this point can bring the brake modulation back to normal levels temporarily, but the brake will lose all stopping power within a few weeks or months depending on how much it is ridden.

SERVICE INSTRUCTIONS

SI-0411A

Roller Brake Grease

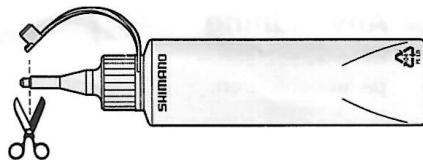
Before use, read these instructions carefully, and follow them for correct use.

Supply grease if either of the following conditions occurs.

- If the braking effect is too sudden or strong.
- If there is abnormal noise during braking.

How to Use

1. Cut off the tip of the grease container.

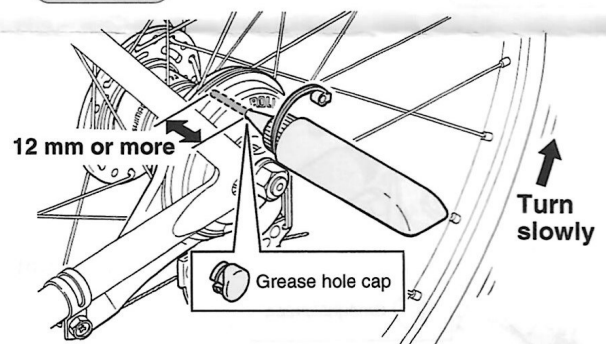


2. Remove the grease hole cap from the brake body, and then insert the tip of the container into the grease hole and force the grease into the hole. (It is not necessary to remove the wheel from the frame.)

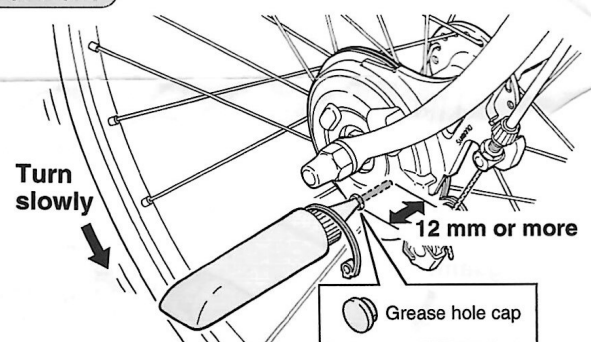
Note:

- Make sure that the tip of the container enters the hole to a depth of 12 mm or more.
- Turn the wheel slowly while supplying grease in this way.
- Be sure to replace the cap after supplying of grease is finished.

For rear



For front



Please note: Specifications are subject to change for improvement without notice. (English)

SHIMANO®

SHIMANO AMERICA
One Holland Irvine CA 92618 U.S.

SUMMARY:

- Insert grease nozzle 1/2 inch into the hole and gentle squeeze the tube for ONE full rotation of the wheel.
- Replace the brake cap and test the brakes.
- Take to a professional repair shop if brakes continue to function poorly and do not ride!